

Participating practices in the South Locality



Onkar Eye Society Opticians	5 St Mary's Row	Moseley	B13 8HW	0121 449 2071
Pabari Opticians Ltd	14 St Mary's Row	Moseley	B13 8JG	0121 449 0845
Boots opticians	51A Alcester Road South	Kings Heath	B14 7JQ	0121 444 2376
Pabari Opticians	278 Baldwins Lane	Hall Green	B28 0XB	0121 745 3663
Optical Eye Lusions	1514 Stratford Road	Hall Green	B28 9ET	0121 744 2805
John Simon Albright	90 Weoley Castle Road	Weoley Castle	B29 5PT	0121 477 2835
Scrivens Ltd	167 Weoley Castle	Weoley Castle	B29 5QH	0121 427 1021
Maginnis Opticians (Optometrists)	1379 Pershore Road	Stirchley	B30 2JR	0121 458 2920
Eyeworld Optometrists	1863 Pershore Road	Cotteridge	B30 3DJ	0121 458 1359
Scrivens Ltd	37 Pershore Road South	Stirchley	B30 3EG	0121 458 3335
J & D Mason Opticians	2 The Green	Kings Norton	B38 8SD	0121 451 3485
Boots Opticians [AB Optical Ltd]	235-237 Hagley Road	Birmingham	B16 9RR	0121 454 3355
Boots Opticians	2236 Coventry Road	Sheldon	B26 3JH	0121 743 3360
Boots Opticians	1082 Warwick Road	Acocks Green	B27 6BH	0121 706 1386
Urban Opticians	536 Moseley Road	Balsall Heath	B12 9AE	0121 440 0499
Vincent Roberts Optometrists	267 Alcester Road South	Kings Heath	B14 6EB	0121 441 2843
SeeSaw	56b Poplar Road	Kings Heath	B14 7AG	0121 448 5625
Specsavers	132 High Street	Kings Heath	B14 7LG	0121 441 1322
Scrivens Ltd	124 High Street	Kings Heath	B14 7LG	0121 444 2656
Eagle Eyes Opticians Ltd	1132 Stratford Road	Hall Green	B28 8AE	0121 777 8889
Hessa Opticians	1537 Stratford Road	Hall Green	B28 9JA	0121 744 3289

Minor Eye Problems?



If you have a recent eye problem, such as sore eyes, red eyes or visual disturbance - you can be seen by your local Minor Eye Conditions Service.

This is an NHS funded service available from a number of local opticians. See inside for more information of what conditions are covered. Please **book a MECS appointment**. See inside for details on how to book.

Why not use our website to locate a MECS practice near to where you work



Please confirm the above details on the website for the most accurate and up-to-date information. See www.eyecarewm.co.uk

What is a Minor Eye Conditions Service (MECS)?

Conditions that can be seen under the service include:

- Red eye or eyelids
- Dry eye, or gritty and uncomfortable eyes
- Irritation and inflammation of the eye
- Significant recent sticky discharge from the eye or watery eye
- Recently occurring flashes or floaters
- In-growing eyelashes
- Recent and sudden loss of vision
- Foreign body in the eye

Please note, this is not a sight test.

If you are unsure whether your symptoms can be assessed and treated by the service, please contact a participating optician who will advise you. Also, if you have a major eye condition that is being regularly monitored by your optometrist or hospital eye service, this will not be covered by this service; for example, cataracts, diabetic retinopathy or glaucoma.

Where should I go?

Registered optometry practices (opticians) offering the service are listed on the back of this leaflet. An appointment will normally be required, so telephone first. Appointments are available during normal working hours and some practices offer appointment at weekends. Not all practices have an optometrist available every day, but if they don't, **they** will be able to find you an alternative appointment nearby.

Who is this service for?

If you are registered with a Birmingham and Solihull CCG GP you can use this service. It is for people of all ages – adults and children. Children under 16 years must be accompanied at their appointment by an adult.

Check on www.eyecarewm.co.uk for GP areas.

How do I book an appointment with the service?

To make an appointment, call one of the opticians on the back of this leaflet. You will be asked some questions about your symptoms in order to assess how quickly you need to be seen by the service, which will be within 24 hours in urgent cases and within a few days for routine appointments.

Please take your glasses and a list of your current medication with you to the appointment. The optometrist may put drops in your eyes to enlarge your pupils in order to get a better view inside your eyes. You should not drive until the effects of these drops have worn off, which may take a few hours.

If your condition is more serious, the optometrist will book you an urgent appointment at a hospital eye clinic. If you need a routine appointment with a hospital, the optometrist will organise this for you.

You may also be advised to make an appointment with your GP if your eye condition is related to your general health.

**Don't go to hospital,
ask your optometrist.**

